

# **Animal Pantomime**

Activity Objective

For the children to pretend to be their favorite animals to demonstrate the variety in creation.

### Lesson Outcome

The children will appreciate and praise God for the variety of animals he created.

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### **Group Activity**

- After telling the children the story of Saint Francis of Assisi, have them sit in a circle. Ask for a
  volunteer to come into the center and pretend to be his or her favorite animal.
- Tell the other children to raise their hands if they can guess what the animal is.
- Have the child doing the pretending call on someone with his or her hand up to give the answer.
- When the correct answer is given, have all the students join in together, "Thank you, God for creating [name of animal]!"

### Approximate Time

5-10 minutes depending on the size of the group

#### Hints

Make sure that the children behave appropriately when pretending to be their favorite animals.

### Sensitivities

If there are children in your group with special needs (physical, visual, hearing, language, or behavioral disabilities), adapt the activity accordingly.

### Learning Style

**Body Smart** 

### Finding God Themes

God the Father

Creation

Nature

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# St. Francis of Assisi 1181-1226

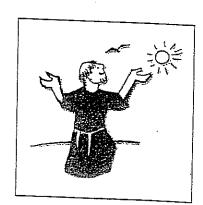
October 4

L7 Background Info. For Catechists

You've got a room stuffed with toys and games and your own television.

Why change?

You have lots of good times with your friends at the movies and at the mall. Why change?



You've got a busy schedule filled with lessons, sports practice, and club meetings. Why change?

If you have all the stuff you want, you're comfortable, and you go to bed every night under warm blankets and with your head on a soft pillow, why change?

Hundreds of years ago, the people of a little Italian city named Assisi asked one of their favorite sons, Francis, those kinds of questions. It was long before televisions and malls, but his pleasures had been much the same: comfort and parties, success and a bright future.

But now he was wandering around town in a torn robe, barefoot and with a shaved head. He stood at their doors and under their windows with a great big smile on his face, singing songs about God and asking for crusts of bread. Rumor was that he took care of lepers. Rumor was that he was trying to rebuild an old church outside of town all by himself.

What had happened? Why had Francis changed?

# Loyola Kids Book of SAINTS

Francis had not been born to wear ragged clothes and beg for his food. His father bought and sold beautiful fabrics, and this had brought wealth to their family. Francis was dearly loved by his Italian father and French mother. Some people said he was spoiled.

Everyone in Assisi loved Francis. He spent money like mad on good times for himself and for all of his friends. Francis was the one who organized parties. He composed and sang beautiful songs in his clear, strong voice. He dressed in the latest fashions.

And like most young men of his day, Francis was always ready for adventure. These were the days of knights in shining armor, damsels in distress, and castles filled with gold. Back before Francis started wandering around in tattered robes, he had wanted to be a knight. He had gone off to war.

Francis went into battle twice. The first time, he and his company, which was full of his friends, attacked a neighboring town. It wasn't anything like Francis expected. It wasn't glamorous and glorious. It was bloody and deadly, miserable and sad. His side lost the battle, and some of his friends were killed. Francis was taken prisoner.

His father got him out of prison and brought him home, but Francis wasn't quite the same. He'd fallen ill in prison, and for a little while Francis slowed down.

But not for long. Soon Francis was back to normal, having good times again and spending his money on fine clothes and good wine.

The chance to fight another battle came up, this time far away. Francis decided he would go, but this time with only a boy (called a squire) to help him.

Francis's father spent a lot of money on a beautiful suit of armor for his son. And so Francis went off, covered from head to toe in the finest armor money could buy.

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### St. Francis of Assisi

A day out of Assisi, Francis stopped for the night. He took off his heavy armor and lay down to go to sleep, hoping to dream of the glorious battles he would soon meet and the praises people would sing about his courage.

Francis did dream that night. But it was a different kind of dream. It was more like a voice, very strong and very real. The voice asked Francis what he was going to do, and Francis answered.

The voice spoke again and asked, "Who can give you more, the master or the servant?"

"The master!" Francis answered.

"Then why are you abandoning the master for the servant?"

What do you think this meant?

Francis was giving his life to doing what other people wanted and thought was important. That voice—you know whose voice it was now, don't you?—asked him a very sensible question.

Why spend your time doing what other people want when you could be doing what God, the master of all, wants?

So Francis changed. He didn't turn around completely, all at once, but he took little steps as he grew to understand the full meaning of Jesus' teaching. The hard thing for Francis, of course, was that every little step he took to be closer to his heavenly Father pushed him away from what his earthly father believed was important, and this caused terrible conflict.

First, Francis sold his beautiful armor and his horse, and he returned home to Assisi. He didn't have much to say to his angry father, but everyone could tell that something was just a little bit different.

## Loyola Kids Book of SAINTS

Francis lived at home for a while. But even while he stayed in his family's house, he started doing odd things. He prayed a lot more. He put away his fine wardrobe and wore simple clothes. He stopped going to parties. He spread out all the family's bread on the table and invited the poor people of the town to come in and eat their fill.

Francis had changed, and it was making people nervous, especially his father. But there were even more changes to come.

As Francis listened to God more and more, he gradually understood what God wanted for him. Jesus had said many times in the Gospels that the stuff you own is not important at all. Jesus said that money and things can even come between you and God.

Jesus told us that we can find true happiness only in God.

Francis decided to believe Jesus completely. That meant that Francis would give everything up. He wouldn't own anything. He'd live only for God and on God's love, as Jesus did.

As you can imagine, this change of attitude and lifestyle didn't make Francis's father happy at all. In fact, he was embarrassed, enraged, and almost crazy with fury. He really snapped the day Francis sold several bolts of material from his fabric shop to get money to rebuild an abandoned church outside of town, a church called San Damiano.

For weeks, the people of Assisi watched the family's troubles just as people today watch a soap opera on television, holding their breath and wondering what would happen next. They could hear through their open windows and doors the sound of Francis's father beating him. They could hear the silence when he locked Francis in a closet as a punishment for his rebellion.

Francis's mother let him out, but his father soon found him and raged at Francis again. He grabbed him roughly and dragged him through the narrow streets of Assisi to the town square. He wanted the leaders of Assisi to force Francis to give back the money he' into that

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### St. Francis of Assisi

money he'd lost when Francis sold the fabrics and put the profits into that old church.

Francis knew the time had come. If he didn't do something now, at this moment, this terrible conflict would never end. His father would never understand anyway, so it was time to go ahead and take that final step.

So in front of the people of Assisi, his parents, and the bishop, Francis made the biggest change of all. He started by stepping right out of his clothes. He stood quietly and looked at his family.

"'Our Father, who art in heaven," Francis said. "God is my only father now. I return to you everything I have received—the money and the clothes too."

It was as if Francis were being born all over again, this time as God's child. God was the only one Francis had to obey now. And so Francis walked away, covered now by a shirt someone had dug out of the garbage.

That was fine with Francis. He didn't need anything more in order to spend the rest of his life serving God alone. He tended to the poorest of the poor, kissing and blessing lepers, whom no one else could even bear to look at. He wandered around the country, owning nothing, happy as a lark, singing and preaching about God's love.

He blessed all of creation, bringing calm to even the wildest beasts, such as the wolf he convinced to stop terrorizing a village. He invented a beautiful, brand-new way of celebrating Christmas: by recreating the stable and manger where Jesus was born. We call this the Nativity scene.

And at the end of his life, holy Brother Francis had grown so close to Jesus that the stigmata, the wounds of Jesus' crucifixion, appeared on Francis's own hands and feet.

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### Loyola Kids Book of SAINTS

Francis did all of this with joy. Everyone who met him felt the deepest happiness they'd ever felt. It was a happiness that was so contagious that others were moved to join him, forming a new kind of religious order called the Franciscans.

Francis could have stayed rich and spent the rest of his life getting richer. But instead he listened. He listened to the voice that told him that someday the fabric would rot, the gold would run out, and his young body would grow old and sick.

He listened to God's voice in his heart, promising him a joy that would never fade.

St. Francis of Assisi listened to God and made big changes in his life. When we listen carefully to God, we can sometimes hear the same encouragement. What changes do you think God might be calling you to make?

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